

## Items Needed for Barton Hall

- Sleeping Bag
- Pillow
- Waterproof coat
- Sun hat/cap/sun glasses
- Trainers/ comfortable shoes 2 if possible(last year some got soaked in the rain)
- Old trainers which can get dirty (needed for challenge course/beach)
- Slippers (optional but preferable)
- Swim Suit
- Flip flops (if desired for pool session/beach)
- Socks (approx 8 pairs)
- Trousers/ jeans/ track suit bottoms/ shorts/shirts
- Underwear (approx 8 pairs)
- Sweatshirts/Long or short sleeve t-shirts/Jumpers/
- Pyjamas
- Dressing gown (optional)
- Towel
- Toiletries (shampoo, toothpaste, toothbrush, shower gel, flannel, hairbrushes, hair bands, small packet of tissues)
- Sun cream- minimum of factor 30 and one that only needs one application first thing in the morning
- A book, magazines, teddy, watch
- A few plastic bags for dirty clothes etc
- All items in a bag or small suitcase clearly labelled
- £30 spending money (max) to be spent across ice cream shop, PGL shop, Zoo and Cavern gift shops.
- Packed lunch for the coach there (no fizzy drinks)